C.R.O.S.S.ROADS ™ Decision-Making Process
General decision-making * Goal-setting * Problem-solving * Conflict Resolution

Name_____ Date_____

Check one: ___General Decision-making ___Goal Setting ___Problem-solving ___Conflict Resolution

Life Principle/s - Identify LP that apply:____**PROBLEM-SOLVING**_____

1) C - Choice - What is the choice I'm making? _____
_____

2) R - Reality - What is happening now? _____
_____

3) O - Option/s - What are some choice options?

Option - "If …"	Results - "Then …"
A)	
B)	
C)	
D)	

4) S - Select Option/s _____ and Create a plan.

What specific personal effort is necessary to make my choice happen?

Who, What, When - See *C.R.O.S.S.ROADS™ Planning Sheet* **if needed**
i.e. Goal-setting - write out specific steps to help achieve goal; see *Goal Planning Sheet*
i.e. Problem-solving - seek assistance, develop a procedure, etc.
i.e. Conflict Resolution - walk away, apologize, etc.

_____
_____

5) S - Start Over – Evaluate results of choice and use process to revise as needed.
Choice will be evaluated _____
Date