

Topic: Self-Discipline - (Evidence or lack of evidence of life principle)

Situation: Poor grades due to lots of mistakes or homework turned in late.

Cause	Effect
I'm spending my time doing other things besides getting my homework done.	I'm turning in my work late and receiving lower grades.
I'm hurrying through my assignment just to get it done so I can do other things.	I'm making lots of mistakes because I'm hurrying through my assignments.
I can choose to put getting my homework done before doing the other things.	I will turn my work in on time and earn better grades.
I can slow down and put more effort into doing my work right.	I will make fewer mistakes and get better grades.

Conclusions: Being more disciplined in spending my time on assignments will result in getting better grades.

Connections: I can be more successful in school if I am more self-disciplined with my time.