A hound dog found a bone and held it tightly in his mouth. He growled and scowled at anyone who attempted to take it away. Off into the woods he went to bury his prize.

When he came to a stream, he trotted over the footbridge and happened to glance into the water. He saw his own reflection. Thinking it was another dog with a bigger bone, he growled and scowled at it. The reflection growled and scowled back.

"I'll get THAT bone too," thought the greedy dog, and he snapped his sharp teeth at the image in the water.

Alas, his own big bone fell with a splash, out of sight, the moment he opened his mouth to bite!

The Dog and Its Reflection fable and history  
Self-Discipline Choice Worksheet

Six Versions of the Dog and His Shadow

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**Step 1: Question Focus: “Self Discipline”**

*Question Focus Technique Instructions*

**Step 2: Produce Questions.**

*Rules for producing questions:*
1. Ask as many questions as you can.
2. Change any statements into questions.
3. Write down every question exactly as stated.
4. Do not stop to discuss, judge, or answer the questions.

**Step 3: Improve the Questions.**

1) Identify open and closed-ended questions.
2) Change questions: select one question to change from open to closed-ended and one closed question to open-ended.

*Example: Closed to open*

How did the story end?

How might the story be different if the dog had shown some self-discipline?
Step 4: Prioritize questions. Identify 2-3 that are the most important. Be able to share a rationale for your choices.

Critical Thinking Questions:
1. _____________________________________
   _____________________________________
2. _____________________________________
   _____________________________________
3. _____________________________________
   _____________________________________

Step 5: Determine how questions are going to be used:
(Evidence of Learning)
   i.e. research project, real life application,
   assessment creation, discussion, written report,
   visual representation, oral presentation, etc.

- Lesson on Fables - lesson plan for Grade 7 English Language Arts – maybe adapted for other grade levels
- 19 Everyday Expressions That Came from Aesop
- Lesson Plans for Teaching Aesop’s Fables - includes a wide variety of resources for teaching Aesop’s Fables.

Step 6: Reflection
What do the characteristics of self-discipline look like for me?

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