

### C.R.O.S.S. ROADS™ Decision-making Process

- C** - Choice - What is the choice being made?
- R** - Reality - What is happening now? What would I like to happen?
- O** - Options: What are some options?  
What options have been tried so far?  
What are the benefits/pitfalls of these options?
- S** - Select Option/s and create a plan!  
What is the specific personal effort necessary to make the choice happen?
  - a. Who and/or what are needed to make it happen?
  - b. What is the time line?
- S** - Start Over - Evaluate results of choice and begin process again as needed.

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