
Door to Door Activity about Dreams and Goals

Door to Door – purpose: to use non-verbal communication skills in acquiring information from others with the purpose of discussion

Observation:

- **Choose a word or phrase that represents a dream or goal you hope to accomplish. (For young children or those with limited English, allow learners to select from familiar pre-selected pictures)**
- **Write your word or phrase on a post-it. You may add a symbol or simple illustration.**
- **Stand up!**
- **When I say go, find a neighbor and allow them to view your post-it as you view their post-it. No words are exchanged. Smiles are welcomed! (Allow about 20 seconds for viewing)**
- **When I say stop, wait for further directions.**
- **Take five steps in any direction and find a new neighbor.**
- **Repeat the process: ***

You may have members repeat as time allows.

- **The last direction is... “Please, return to your seat.”**

Analysis:

Allow members of the group to share their dreams/goals and the ideas they observed during their journey. (3-5 minutes)

- **Summary: What can we infer from the ideas shared during our journey? (general inferences not personal evaluations)**
 - **Examples:**
 - **Some dreams and goals are well-defined/others are less evident**
 - **Some goals were similar while others were different**
 - **Some people are confident in their dreams and goals while others are less confident**

Collect post-it notes and display in an area for later use.