Door to Door Activity about Dreams and Goals

Door to Door – purpose: to use non-verbal communication skills in acquiring information from others with the purpose of discussion

Observation:

- Choose a word or phrase that represents a dream or goal you hope to accomplish. (For young children or those with limited English, allow learners to select from familiar pre-selected pictures)
- Write your word or phrase on a post-it. You may add a symbol or simple illustration.
- Stand up!
- When I say go, find a neighbor and allow them to view your post-it as you view their post-it. No words are exchanged. Smiles are welcomed! (Allow about 20 seconds for viewing)
- When I say stop, wait for further directions.
- Take five steps in any direction and find a new neighbor.
- Repeat the process: *

You may have members repeat as time allows.

- The last direction is... “Please, return to your seat.”

Analysis:

Allow members of the group to share their dreams/goals and the ideas they observed during their journey. (3-5 minutes)

- Summary: What can we infer from the ideas shared during our journey? (general inferences not personal evaluations)
  - Examples:
    - Some dreams and goals are well-defined/others are less evident
    - Some goals were similar while others were different
    - Some people are confident in their dreams and goals while others are less confident

Collect post-it notes and display in an area for later use.