

C.R.O.S.S.ROADS™ Decision-Making Process



- C** - Choice - What is the choice being made?
- R** - Reality - What is happening now? What would I like to happen?
- O** - Options - What are some options?
- S** - Select one and Step it out! - What are the steps to make the selected option happen?
- S** - Start over. - Evaluate choice and begin process again as needed.

- 1) What is the choice being made? Do I tend the man who is bleeding?
- 2) Reality - What is happening now? The man has come out of the woods and has a terrible stomach wound.
- 3) What are some Choice Options?

Option - "If I....."	Results - "Then"
A) Tend to the man's injury as best I can	He might get better
B) Tell him to leave and find someone else to help him.	He might be able to find someone else, but if he doesn't, he may die.
C)	
D)	

4) Select Option # A.

Step it out! What are the steps to be taken to make the choice happen?

- i.e. Goal-setting - write out specific steps to help achieve goal
- i.e. Problem-solving - seek assistance, develop a procedure, etc.
- i.e. Conflict Resolution - walk away, apologize, etc.

1. Get permission from the hermit to bring the man into his hut to care for him.
2. Ask the hermit to help me find what I need to tend to the man's injuries.
3. Tend to the man's injuries.

5) Start Over – Evaluate choice and begin process again as needed.