



C.R.O.S.S.ROADS Choice Chant

Five fingers on my hand will help me to recall

Five steps to good choices, whether great or small.

First I define my choice, thinking it clearly through

Trying to set my mind on what I want to do

Second I look at the facts of what is happening... now

Third I seek the options to what might work ... somehow

Fourth I pick out what is best for me right now

Finding answers for the Who? the What? the How?

I work very hard to put my plan together,

Fifth is checking if I can make it any better.

Pam Deering