

Goal Setting with C.R.O.S.S.ROADS™

Academic Effort Goal
 Character Goal

1) **C – Choice:** My Goal is: (Be Specific) _____

2) **R – Reality:** What is happening right now? _____

3) **O – Options:** What are the Options - Opportunities and Obstacles?

Opportunities/Obstacles	Benefits/Pitfalls
A)	
B)	
C)	

4) **S - Select option/s** _____

Plan the Steps to achieve your goal: (Separate planning worksheet available)

Who	What effort on my part?	When

5) **S - Start over - Evaluate progress towards goal and revise repeating the process.**

Check one: Daily Weekly Monthly Every ___ days

Other: _____

Method for Evaluating:

Academic progress: Completed Projects Quiz/Test Homework Grades

Rubric Other: _____

Character Goal Progress: _____