C.R.O.S.S.ROADS Decision-Making Process

C - Choice - What is the choice being made?
R - Reality - What is happening now? What would I like to happen?
O - Options - What are some options?
S - Select one and Create a plan! - What personal effort is necessary to make the choice happen?
S - Start over. - Evaluate choice and begin process again as needed.

1) Choice - What is the choice being made? **how to get to school with my homework** so I can turn it in on time

2) Reality - What is happening now? **I leave it at home a lot, forget to put in backpack**

3) Option/s - What are some choice options?

<table>
<thead>
<tr>
<th>Option - “If …”</th>
<th>Results - “Then …”</th>
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<tbody>
<tr>
<td>A) I put in my backpack as soon as I finish it.</td>
<td>I would have it when I get to school</td>
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<tr>
<td>B) I ask my mom to remind me</td>
<td>she gets busy in the morning and might forget</td>
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<tr>
<td>C) I put my school stuff all together the night before by the door</td>
<td>I wouldn’t have to look for it every morning</td>
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<tr>
<td>D)</td>
<td></td>
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4) Select Option/s A, C and Create a plan.

What specific personal effort is necessary to make my choice happen?

Who, What, When) (See **C.R.O.S.S.ROADSTM Planning Sheet if needed**)

i.e. Goal-setting - write out specific steps to help achieve goal
i.e. Problem-solving - seek assistance, develop a procedure, etc.

As soon as I finish my homework, I will put it in my backpack and set my backpack by the backdoor I go out every morning.

5) Start Over – Evaluate choice and begin process again as needed. © 2014 Edu-Resources, LLC

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