

Life Principle: Self-Discipline The Dog and His Reflection –Aesop

It happened that a dog got a piece of meat and was carrying it home in his mouth to eat it in peace. Now on his way home he had to cross a [plank](#) lying across a running brook. As he crossed, he looked down and saw his own [reflection](#) in the water beneath. Thinking it was another dog with another piece of meat, he made up his mind to have that one too. So he made a snap at the dog in the water, but as he opened his mouth the piece of meat fell out, dropped into the water and was never seen anymore.

[The Dog and His Bone fable](#)

[Dog Activities](#) PreK-1

[The Dog and His Bone](#) 5:01 min.

[Six Versions of the Dog and His Shadow](#)

[Spanish Activities](#)

[Lesson Plans for Teaching Aesop's Fables](#)

[Self-Discipline Fable Choice Worksheet](#)

[Self-Discipline Choice Worksheet](#)

Step 1: Question Focus: “Self-Discipline”

[Question Focus Technique Resource](#)

Step 2: Produce Questions.

Rules for producing questions:

1. Ask as many questions as you can.
2. Change any statements into questions.
3. Write down every question exactly as stated.
4. Do not stop to discuss, judge, or answer the questions.

Step 3: Improve the Questions.

- 1) Identify open and closed-ended questions.
- 2) Change questions: select one question to change from open to closed-ended and one closed question to open-ended.

Example: *Closed to open*

How did the story end?

How might the story be different if the dog had shown some self-discipline?

Life Principle Words

Enriched Vocabulary:

[reflection](#)

[plank](#)

Example of Self-Discipline (Picture or 2-3 sentences)

CELEBRATION!

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Lexicon

Word & Definition:

Step the Word:

Synonym:

Illustration: