

Life Principle: Self-Discipline Pandora's Box

In Greek mythology, Pandora was the first woman on earth. Zeus ordered Hephaestus, the god of craftsmanship, to create her and he did, using water and earth. The gods [endowed](#) her with many talents; [Aphrodite](#) gave her beauty; [Apollo](#) music; [Hermes](#) [persuasion](#); and so forth. Hence her name: Pandora, "all-gifted".

When Prometheus stole fire from heaven, Zeus took [vengeance](#) by presenting Pandora to [Epimetheus](#), Prometheus' brother. With her, Pandora had a jar that she was not to open under any circumstance. [Impelled](#) by her natural curiosity, Pandora opened the jar, and all evil contained escaped and spread over the earth. She hastened to close the lid, but the whole contents of the jar had escaped, except for one thing which lay at the bottom, and that was Hope. It escaped later when she opened the jar again.

"Pandora." *Encyclopedia Mythica* from Encyclopedia Mythica Online.

[Self-Discipline Choice Worksheet](#)

[Pandora's Box](#) – Story with bibliography and project idea. [Lesson Plan for Teaching Pandora's Box](#) 6th – 12th

[The Myth of Pandora's Box Video](#) 8:34 min. – 3rd – 12th - Animated: Preview for determining age level appropriateness

Step 1: Question Focus: "Self-Discipline"

[Question Focus Technique Resource](#)

Step 2: Produce Questions.

Rules for producing questions:

1. Ask as many questions as you can.
2. Change any statements into questions.
3. Write down every question exactly as stated.
4. Do not stop to discuss, judge, or answer the questions.

Step 3: Improve the Questions.

- 1) Identify open and closed-ended questions.
- 2) Change questions: select one question to change from open to closed-ended and one closed question to open-ended.

Example: *Closed to open*

How did the story end?

How might the story be different if Pandora had shown some self-discipline?

