



Goal Setting with C.R.O.S.S.ROADS™

___ Academic Effort Goal
 Character Goal
LP Self-discipline

Name Ms. Tucker Date 8/15



1) **C - Choice- My Goal is: (Be specific)** to use the C.R.O.S.S.ROADS™ Choice Process as the foundation of my class discipline with the class and school creed, Eight Expectations for Living, and Life Principles as the standard.



2) **R - Reality - What is happening now?** I have class rules that I start the year with and when a situation comes up I reference them and give an immediate consequence such as loss of recess or detention but have little behavior change.



3) **O - Options - What are the Options?**

Option - "If ..."	Results - "Then ..."
A) I use the <u>C.R.O.S.S.ROADS™ Choice Process</u> consistently with the <u>Eight Expectations for Living, Life Principles</u> , and our creed	the students will have a common standard and learn <u>choice</u> and <u>goal setting</u> becoming 'problem-solvers' and developing a sense of <u>responsibility/self-discipline</u> .
B) I begin with the <u>Lesson Plan for Introducing Goal Setting</u> as an introduction to setting class behavior goals,	everyone will participate in achieving a class goal they chose. We can then move on to applying the process to individual choices. I can show examples from <u>PR 12 Goal setting Chart</u> and then have them select one of their own.
C) we <u>write a class creed</u> to establish the expectations along with the Eight Expectations and Life Principles,	there will be a common standard created by the whole group to act as a guide for character and academic choices.



4) **S - SELECT Option/s** _____ and Plan steps to achieve goal. See Goal Setting Planning Sheet

Who	What effort on my part?	When
ME	Review PR 12 <u>Lesson Plan for Introducing Goal Setting</u>	This week
ME	Write into lesson plans the writing creed and goal setting	This week
ME	Review and get the <u>Choice Process</u> materials ready	This week



5) **S - START OVER** – Evaluate progress towards goal and revise repeating the process.

Check one: ___ Daily ___ Weekly ___ Monthly ___ Every ___ days

Other: every 2 weeks

Method for Evaluating:

Academic progress: ___ Completed Projects ___ Quiz/Test ___ Homework Grade ___ Rubric

___ Other: _____

Character Goal Progress: Goal Progress worksheets

My Accountability Partner is: Mr. Thomas Date 8/15