

Building Esprit de Corps

A Community Building Activity

Introductory Whole Group Sand Activity

Objective: To make learners aware that as a part of a community we all share a piece of ourselves with each other.

Music: **Toy Story - "You've Got a Friend in Me" song and lyrics** 2:10 min.

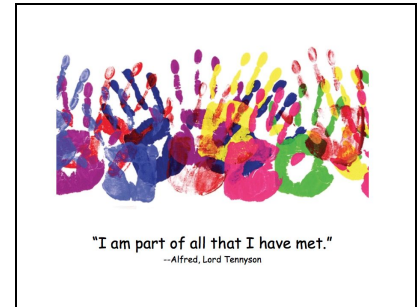
- **Sand activity:**
 - **Materials:**
 - **5 different colors of sand or alternative material**
 - **Small snack size plastic bags, 1 per participant**
 - **Bowls, spoons (1 each per group of participants)**
 - **Alternatives Materials**
 - **Separate the colors of Trix or other multi-colored cereal into the different colors and make up an equal number of small snack bags - 1 for each learner**
 - **Tear up at least five different colors of paper into small pieces and make up an equal number of bags by placing about ¼ cup into snack bags– 1 for each learner**
 - **Colored rice**
 - **Preparation:**
 - **Make bags of sand or optional material in a variety of different colors and place in a basket so that participants can select their choice of color.**
 - **Place a bowl and spoon on each table.**
 - **Directions:**
 - **Place participants in groups of 4-5.**
 - **Have each member of the group select a different color of sand**
 - **Discuss how each of us brings certain strengths to the classroom.**
 - **The different colors represent the diversity of our strengths.**

- Each person places half of the material in their bag in a bowl on the table. One person mixes it up and then everyone takes a spoonful and puts it back in their bag.

Point to be made: When we become a community we share a piece of ourselves with each other.

Pair Share subject: Show [Hands Diversity poster](#) and have learners do a pair share about :

- 1) How does the picture show diversity?
- 2) In what way am I different from others?



Literature:

- Poem, [I Am Diversity, Please Include Me](#) by Charles Bennafield
- [I Am Diversity, Please Include Me Poem](#) 3:41 min video of poem by Charles Bennafield - Very Creative presentation!

Music:

- [Mr. Sandman](#) 2:23 min.
- ["We're All In This Together"](#) 4:43 min.
- [We Are Family \(lyrics\)](#) 3:27 min. Sister Sledge
- [Toy Story - "You've Got a Friend in Me" song and lyrics](#) 2:10 min.
- [The Herd](#) - 4:37 min. YouTube SoundTrack
 - [The Herd Lyrics edited for use with faculty](#)
 - [The Herd Lyrics](#)
 - [Powerpoint with choreography for The Herd](#)
- ["If Everyone Cared"](#) 4:04 min. By Nickelback - Upper grade levels
- [Disney Songs for All Occasions](#)