



Goal Setting with C.R.O.S.S.ROADS™

Academic Effort Goal
 Character Goal
Life Principle Responsibility

Name Ms. Tucker Date _____



1) **C - CHOICE** - My goal is: to assist each of my students experience success through achieving personal academic goals they set for themselves during the next year.



2) **R - REALITY** - What is happening now? I work to help my students be successful, but not in a specific, well-defined way such as achieving individual goals will accomplish.



3) **O - OPTION/S** - What can I try to reach my goal:

- A. Introduce the goal setting process with the Lesson Plan for Introducing Choice and Goal Setting
- B. Have the students apply the 5 step choice process verbally in real situations so it becomes a relevant life skill.
- C. Use Self-Assessment Tools such as the Student Choice Progress Evaluation Sheet to develop evaluation skills.



4) **S - Select one or more: I want to try:** (A) (B) (C) (Underline or circle)

Plan the steps I will take to reach my goal:

- Model the process as a group by having the students select a class goal and practice the steps of goal setting.
- Beginning with one subject, have the students evaluate their progress and identify a personal goal.
- Write in my lesson plans the regular use of goal progress checks for our class and individual goals.

The teacher/other person can help by: Mr. Thomas can help by being my accountability partner and someone with whom I can share ideas. He might even want to try it in his class later on in the year.

My parent/other person can help by: _____

I will monitor my progress by: using Goal Progress Sheet to evaluating the success of the class goal and check student progress with weekly use of the Choice and Goal Progress Evaluation Sheets

daily weekly every _____ **Other:** _____



5) **S - Start over** - I will check and revise my plan weekly monthly

My accountability partner is Mr. Thomas