

C.R.O.S.S. ROADS™ Decision-Making Process

General decision-making * Goal-setting * Problem-solving * Conflict Resolution

Step One:

Identify the decision, goal, problem, or conflict to be addressed..

Step Two: Optional

Select phrase/s from the any or all of the Creed/Expectations/Life Principles, or other documents that might be apply to the situation.

Step Three:

Begin asking the questions in the *C.R.O.S.S. ROADS™* decision-making process.

This may be accomplished just verbally or more formally with the *C.R.O.S.S. ROADS™* worksheet.



C - CHOICE - What is the choice I'm making?



R - REALITY - What is happening now? What would I like to happen?



O - OPTIONS - What are some choice options I might try?

What options have I tried so far?

What are the benefits/pitfalls of these options?

(For conflict resolution the choices listed in the CHOICES RAP may be used for ideas.)



S - SELECT OPTION/S! - PLAN!

What specific personal effort is necessary to make my choice option/s happen?

Who and/or what are needed to make it happen?

What is the time line?



S - START OVER - Evaluate results of choice and use process to revise as needed.

Step Four:

End with either verbally sharing your decision with someone and/or writing it down so it may be referenced. This aids in personal accountability in following through with the choice.

Decision-making Resource Tools:

1. *C.R.O.S.S.ROADS™* Decision-making Process Task Cards
2. *C.R.O.S.S.ROADS™* Decision-making Worksheet with Examples
3. *C.R.O.S.S.ROADS™* Planning Sheet with Examples
4. *C.R.O.S.S.ROADS™* Progress Analysis with Examples
5. *C.R.O.S.S.ROADS™* Goal Setting Resources - a complete unit of introductory materials including a sign language component
6. Eight Expectations and Life Principles
7. Choices Rap Card (for conflict resolution)
8. CHOICES Creed Card