



Goal Setting with C.R.O.S.S.ROADS™

Academic Effort Goal
 Character Goal
LP Effort

Name Joe Ortega Date 10/1/18



1) C – Choice: My Goal is: (Be Specific) My goal is to learn my x math facts.



2) R – Reality: What is happening right now? I'm not doing well on assignments, quizzes and tests because I don't know my facts and take too much time working the problems.



3) O – Options: What are the Options?

Opportunities/Obstacles	Benefits/Pitfalls
A) Make flash cards to keep them with me and practice when I've finished my work and waiting.	Will give me practice and keep me busy while waiting.
B) Practice with my friend while we're waiting in the gym before school and in the cafeteria while waiting to be excused to go to recess	Have a partner to practice with. Lot of other kids around to distract us
C) Have my mom drill me going to and from school and at other times in the car	I'd get the practice every day and mom loves to help me.



4) S - Select option/s A & C Plan the Steps to achieve your goal: (See planning sheet)

Who	What effort on my part?	When
Me	Make flash cards	This evening
Mom	Ask Mom to help	After school today
Me	Keep my cards with me and practice.	Daily



5) S - Start over - Evaluate progress towards goal and revise repeating the process.

Check one: ___Daily Weekly ___Monthly ___Every ___days

___Other: _____

Method for Evaluating:

Academic progress: ___Completed Projects Quiz/Test Homework Grade ___ Rubric
 Other More problems done correctly and less time spent doing the work

Character Goal Progress: My effort will show in my grades on homework and quizzes.