Goal Setting with *C.R.O.S.S.ROADS*™

_X_ **Academic Effort Goal**
_X_ **Character Goal**
LP_**_Perseverance_**____

Name_____*Katie Lee*_____ **Date**_*9/18/18*_____

1) C – Choice: My Goal is: (Be Specific) _I want to show more perseverance in_
_____*completing my science assignments and turning them in on time.*_____

2) R – Reality: What is happening right now? _I begin and if it gets hard, I put it off_

_and just don't go back to it. I turn in assignments late and often incomplete._____

3) O – Options: What are the Options - Opportunities and Obstacles?

Opportunities/Obstacles	Benefits/Pitfalls
A) *Find someone to help me right away when I get to something I don't understand.*	*Get the help I need to continue the work.* *Have to make the effort to find and get together with someone.*
B) *Keep an assignment log with date started and finished. Find someone to be my accountability partner that I show my log to regularly.*	*There is someone who I am accountable to for finishing what I start.* *Finding someone who will do it and a time for progress checks.*
C) *Just try to do better on my own.*	*Don't have to find anyone to help me.* *Hasn't worked so far so don't have a good track record on my own.*

4) S - Select option/s A & B

   Plan the steps to achieve your goal: (Separate planning worksheet available)

Who	What effort on my part?	When
Me	*Keep an assignment log*	*Get notebook this weekend*
Grandpa	*Ask to be my accountability partner and set up progress check times.*	*See him after school*
Teacher	*Talk to teacher and see if they can recommend how to get help, maybe someone to work with me*	*Tomorrow before school or right before the afternoon classes begin.*

5) S - Start over - Evaluate progress towards goal and revise repeating the process.
   Check one: ___Daily   X_Weekly   ___Monthly   ___Every ___days

Method for Evaluating:
Academic progress: X Completed Projects ___Quiz/Test   X Homework Grades
___ Rubric   X_ Other: _____*Assignment log with grade average charts*_____

Character Goal Progress: _____*Assignment log will show evidence of completing work*_____