



# Goal Setting with C.R.O.S.S.ROADS™

Check one.

- Academic Effort Goal
- Character Goal
- Life Principle Cooperation

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1) C – Choice - My goal is: to learn to share.



2) R – Reality: What is happening right now? I got the blocks out first and am keeping them all to myself.



3) O - Options: What I can try to reach my goal:

A. I can play by myself. (not sharing or much fun)

B. I can ask others to play with me. (more fun)

C. I can build my own tower and share the blocks I don't need.

(not sharing much)



4) S - Select one or more: I want to try: A B C (Underline or circle)  
Plan the Steps I will take to reach my goal:

- \_\_\_\_\_
- I will ask a friend to play each day.
- \_\_\_\_\_

*My teacher can help by* reminding me about sharing by having us say our cooperation quote for the week.

*My parent/other person can help by* asking me who I shared the blocks with today.

*I will monitor my progress* when the leader calls for a Goal Progress check.

daily  weekly  every \_\_\_\_\_ Other: \_\_\_\_\_



5) S - Start over - I will check and revise my plan. X weekly  monthly