



# Goal Setting with C.R.O.S.S.ROADS™

Check one.

\_\_\_ Academic Effort Goal

\_\_\_ Character Goal

Life Principle \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_



1) C – Choice - My goal is: \_\_\_\_\_

\_\_\_\_\_



2) R – Reality: What is happening right now? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



3) O - Options: What I can try to reach my goal:

A \_\_\_\_\_

B. \_\_\_\_\_

C. \_\_\_\_\_



4) S - Select one or more: I want to try: A B C (Underline or circle)

Plan the steps I will take to reach my goal:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

The teacher/other person can help by: \_\_\_\_\_

\_\_\_\_\_

My parent/other person can help by: \_\_\_\_\_

I will monitor my progress by: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ daily \_\_\_\_\_ weekly \_\_\_\_\_ every \_\_\_\_\_ Other: \_\_\_\_\_



5) S - Start over - I will check and revise my plan. \_\_\_weekly \_\_\_monthly

My Accountability Partner is: \_\_\_\_\_