

C.R.O.S.S.ROADS™ Decision-Making Process

General Decision-making * Goal setting * Problem-solving * Conflict Resolution

Step One:

Identify the decision, goal, problem, or conflict to be addressed.

Step Two: Optional

Select phrase/s from any or all of the Creed/Expectation/Life Principle or other documents that might be pertinent to the situation.

Step Three:

Begin asking the questions in the C.R.O.S.S. ROADS™ decision-making process. This may be accomplished just verbally or more formally with the C.R.O.S.S. ROADS™ worksheet.



C - CHOICE - What is the choice I'm making?



R - REALITY - What is happening now? What would I like to happen?



O - OPTIONS - What are some choice options I might try?

What options have I tried so far?

What are the benefits/pitfalls of these options?

(For conflict resolution the choices listed in the CHOICES RAP may be used for ideas.)



S - SELECT OPTION/S! - PLAN!

What specific personal effort is necessary to make my choice option/s happen?

Who and/or what is needed to make this happen?

What is the time line?



S - START OVER - Evaluate results of choice and use process to revise as needed.

Step Four:

End with either verbally sharing your decision with someone and/or writing it down so it may be referenced. This aids in personal accountability in following through with the choice.

Resource decision-making tools:

1. C.R.O.S.S.ROADS Decision-making Process Task Card
2. C.R.O.S.S.ROADS Decision-making Worksheet
3. C.R.O.S.S.ROADS Planning Worksheet
4. C.R.O.S.S.ROADS Progress Analysis
5. Eight Expectations and Life Principles
6. Choices Rap Card (for conflict resolution)
7. CHOICES Creed
8. Neck Up Check Up