

C.R.O.S.S. ROADS™ Decision-Making Process

General decision-making * Goal-setting * Problem-solving * Conflict Resolution

Name _____ Date _____

Check one: ___ General Decision-making ___ Goal Setting ___ Problem-solving ___ Conflict Resolution

Life Principle/s - Identify LP that apply: _____



1) C - CHOICE - What is the choice I'm making? _____



2) R - REALITY - What is happening now? _____



3) O - OPTION/S - What are some choice options?

Option - "If ..."	Results - "Then ..."
A)	
B)	
C)	
D)	



4) S - SELECT Option/s _____ and Create a plan. (See **C.R.O.S.S.ROADS™ Planning Sheet**)

What specific personal effort is necessary to make my choice option/s happen?

Who and/or what are needed to make this happen?

When - What is the time line?

i.e. Goal-setting - write out specific steps to help achieve goal; see **Goal Planning Sheet**

i.e. Problem-solving - seek assistance, develop a procedure, etc.

i.e. Conflict Resolution - walk away, apologize, etc.



5) S - START OVER – Evaluate results of choice and use process to revise as needed.

Choice will be evaluated _____

(Date)