



Goal Setting with C.R.O.S.S.ROADS™

Check one.

Academic Effort Goal

Character Goal

Life Principle Cooperation

Name Mark Lane Date March 20, 2017



1) C – Choice - My goal is: to learn to share.



2) R – Reality: What is happening right now? I got the blocks out first and am keeping them all to myself.



3) O - Options: What I can try to reach my goal:

A. I can play by myself. (not sharing or much fun)

B. I can ask others to play with me. (more fun)

C. I can build my own tower and share the blocks I don't need.



4) S - Select one or more: I want to try: A B C (Underline or circle) ^(not sharing much)
Plan the Steps I will take to reach my goal:

- _____
- I will ask a friend to play each day.
- _____

My teacher/other person can help by reminding me about sharing by having us say our cooperation quote.

My parent/other person can help by asking me who I shared the blocks with today.

I will monitor my progress when the leader calls for a Goal Progress check.

daily weekly every _____ Other: _____



5) S - Start over - I will check and revise my plan. weekly monthly

My Accountability Partner is Jeff.