



# Goal Setting with C.R.O.S.S.ROADS™

\_\_\_ Academic Effort Goal  
\_\_\_ Character Goal  
LP \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_



1) C – Choice: My Goal is: (Be Specific) \_\_\_\_\_

\_\_\_\_\_



2) R – Reality: What is happening right now? \_\_\_\_\_

\_\_\_\_\_



3) O – Options: What are the Options?

Opportunities/Obstacles	Benefits/Pitfalls
A)	
B)	
C)	



4) S - Select option/s \_\_\_\_\_ Plan Steps to achieve the goal: (See Goal Planning worksheet)

Who	What effort on my part?	When



5) S - Start over - Evaluate progress towards goal and revise repeating the process.

Check one: \_\_\_ Daily \_\_\_ Weekly \_\_\_ Monthly \_\_\_ Every \_\_\_ days

\_\_\_ Other: \_\_\_\_\_

Method for Evaluating:

Academic progress: \_\_\_ Completed Projects \_\_\_ Quiz/Test \_\_\_ Homework Grade \_\_\_ Rubric

\_\_\_ Other: \_\_\_\_\_

Character Goal Progress: \_\_\_\_\_

\_\_\_\_\_

Accountability Partner: \_\_\_\_\_ Date \_\_\_\_\_

Signature