's Goal Progress Analysis

My Goal:
________________________________________________________________________
________________________________________________________________________

Write specifically what is happening now towards achieving your goal under Opportunity and the Benefits and Obstacles for each where appropriate.

<table>
<thead>
<tr>
<th>Opportunity/Option</th>
<th>Benefit/Obstacle</th>
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<tbody>
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Has the goal been accomplished?  Yes  No  In Progress

Explain why or why not?
________________________________________________________________________
________________________________________________________________________

Does the goal need to be revised?  Yes  No

If yes, revise with Goal Planning Worksheet.

If a new goal is needed, begin the process with the C.R.O.S.S.ROADS Goal Setting Worksheet.

________________________________________________________________________

Accountability Partner Signature  Date