



_____ 's Goal Progress Analysis

My Goal: _____

Write specifically what is happening now towards achieving your goal under Opportunity and the Benefits and Obstacles for each where appropriate.

Opportunity/Option	Benefit/Obstacle

Has the goal been accomplished? Yes No In Progress

Explain why or why not?

Does the goal need to be revised? Yes No

If yes, revise with Goal Planning Worksheet.

If a new goal is needed, begin the process with the C.R.O.S.S.ROADS Goal Setting Worksheet.

_____ **Accountability Partner Signature**

_____ **Date**