

Win-Win!



## The (Mascot Name) Choice Rap

Wait and cool off. (fan your face with one hand)

Go to another game. (fingers walking away)

Share and take turns. (touch chest with one hand  
then the other.)

Talk it out. (Hand motion for talking.)

Walk away. (walk in place)

Ignore it. (folded arms, head turning to the side)

Tell them to stop. (arm extended, palm out)

Apologize. (move closed fist in circle over heart)

Compromise. (shake hands)

If you are threatened or feel frightened,  
tell an adult immediately. (shaking index finger up  
and down, clap and stomp one foot 3 times.)