

“Movin' & Groovin'”

State Changes

- * Change of speaker's location in the room
- * Break into groups
- * Go outside or to another room
- * Use exaggerated facial expressions
- * Do mime
- * Sing, hum, whistle, or other sound
- * Change lighting
- * Read out loud with enthusiasm
- * Move chairs
- * Wear special hats/clothes
- * Use or create mind-maps
- * Turn your back on the group
- * Put motions to words/concepts
- * Choral reading
- * “Repeat after me”
- * Tell a joke or laugh
- * Hold up an object
- * Use cooperative group structures
- * Stand on a chair/stool/table
- * Use expansive gestures
- * Food
- * Use procedural callback such as
 “Give me five!”
- * Music
 - Play in background
 - Play a musical instrument
 - Give instrument (kazoo, etc.) to student/s to play
- * Visualization exercise
- * Point to something
- * Lead in physical movement activity
- * Use visuals - video/posters, etc.
- * Have students turn in chairs to face another direction.