

# C.R.O.S.S.ROADS™ Decision-Making Process



- C** - Choice - What is the choice being made?
- R** - Reality - What is happening now? What would I like to happen?
- O** - Options - What are some options?
- S** - Select one and Create a plan! - What personal effort is necessary to make the choice happen?
- S** - Start over. - Evaluate choice and begin process again as needed.

1) Choice - What is the choice being made? \_\_\_\_\_

2) Reality - What is happening now? \_\_\_\_\_

3) Option/s - What are some choice options?

Option - "If ..."	Results - "Then ..."
A)	
B)	
C)	
D)	

4) Select Option/s \_\_\_\_\_ and Create a plan.

What specific personal effort is necessary to make my choice happen?

Who, What, When) (See **C.R.O.S.S.ROADS™ Planning Sheet** if needed)

i.e. Goal-setting - write out specific steps to help achieve goal

i.e. Problem-solving - seek assistance, develop a procedure, etc.

i.e. Conflict Resolution - walk away, apologize, etc.

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5) Start Over – Evaluate choice and begin process again as needed.