Goal Setting with C.R.O.S.S.ROADSTM

Name_________________________ Date________________

1. C – Choice: My goal is: __________________________________________
   __________________________________________
   __________________________________________
2. R – Reality: What is happening right now? _________________________
3. O - Options: What I can try to reach my goal:
   A)
   B)
   C)
4. S - Select one: I want to try: A B C (underline or circle)
   Plan the Steps I will take to reach my goal:
   • __________________________________________
   • __________________________________________
   • __________________________________________
   My teacher can help by:_________________________________________
   __________________________________________
   My parents can help by:_________________________________________
   __________________________________________
   I will monitor my progress by:_______________________________
   ______daily ______weekly ______every _____________Other:
   __________________________________________
5. S - Start over – I will evaluate and revise my plan ___weekly ___monthly

Check one.  ___Academic Effort Goal  ___Character Goal

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