

C.R.O.S.S.ROADS™ Decision-Making Process
 General decision-making * Goal-setting * Problem-solving * Conflict Resolution

Name _____ Date _____

Check one: ___General Decision-making ___Goal Setting ___Problem-solving ___Conflict Resolution

Life Principle/s/Expectation/Other that apply: _____

1) C - CHOICE - What is the choice I'm making? _____

2) R - REALITY - What is happening now? _____

3) O - OPTION/S - What are some choice options?

Option - "If ..."	Results - "Then ..."
A)	
B)	
C)	
D)	

4) S - SELECT Option/s _____ and Create a plan. (See [C.R.O.S.S.ROADS™ Planning Sheet](#))

What specific personal effort is necessary to make my choice option/s happen?

Who and/or what are needed to make this happen?

When - What is the time line?

i.e. Goal setting - write out specific steps to achieve goal; (See [Goal Planning Sheet](#))

i.e. Problem-solving - seek assistance, develop a procedure, etc.

i.e. Conflict Resolution - walk away, apologize, etc.

5) S - START OVER – Evaluate results of choice and use process to revise as needed.

Choice will be evaluated on _____

(Date)

My Accountability Partner is: _____