

**C.R.O.S.S.ROADS™ Decision-Making Process**  
 General decision-making \* Goal-setting \* Problem-solving \* Conflict Resolution

Name Marty Date 9/30

Check one:  General Decision-making  Goal Setting  Problem-solving  Conflict Resolution

Life Principle/s, Expectation/other that apply: Self-discipline, Effort, and Perseverance

1) C - CHOICE - What is the choice being made? Not to get my math homework done and I disrupt class

2) R - REALITY - What is happening now? (facts) I don't understand mu math homework so I disrupt class talking to my friends then get detention or sent to the office. I'm Always grounded at home.

3) O - OPTION/S - What are some choice options?

Option - "If ..."	Results - "Then ..."
A) I don't do my homework and keep getting detentions	I'll flunk math and have to take it over again next year & will stay grounded
B) Talk to my teacher about needing help and see if she has any ideas like maybe someone who would work with me.	Get teacher on my side with help so I can pass and also Mom will know I'm trying and maybe won't keep me grounded.
C) I can get some help by going in for part of before school tutorial study sessions.	Get some help but can't be at Tutorials except for the last 15 minutes because I have to babysit my 5 yr old sister before dropping her off at her school.

4) S - SELECT Option/s B & C and Create a plan. (See [C.R.O.S.S.ROADS™ Planning Sheet](#))

What specific personal effort is necessary to make my choice option/s happen?

Who and/or what are needed to make this happen?

When - What is the time line?

i.e. Goal setting - write out specific steps to achieve goal; see

i.e. Problem-solving - seek assistance, develop a procedure, etc.

i.e. Conflict Resolution - walk away, apologize, etc.

Set up time to talk to my teacher, apologize for disrupting her class, and ask for help. Tell my mom

I'm going to try to go in for the morning tutorial sessions and see if I can drop my sister off any earlier.

5) S - START OVER – Evaluate results of choice and use process to revise as needed.

Choice will be evaluated on 10/10

(Date)

My Accountability Partner is: older brother, Jake