



### C.R.O.S.S.ROADS Five Finger Choice Chant

Five fingers on my hand will help me to recall

Five steps to good choices, whether great or small.



**First** I define my choice, thinking it clearly through

Trying to set my mind on what I want to do



**Second** I look at the facts of what is happening... now



**Third** I seek the options to what might work ... somehow



**Fourth** I pick out what is best for me right now

Finding answers for the Who? the What? the How?

I work very hard to put my plan together,



**Fifth** is checking if I can make it any better.

Pam Deering