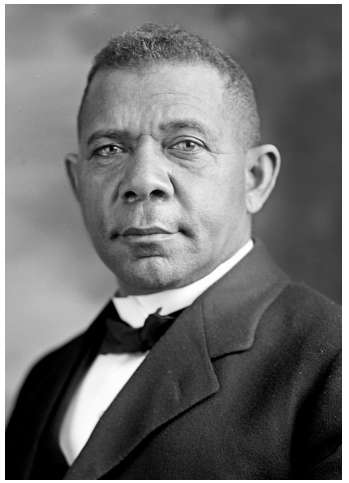
“Those who are happiest are those who do the most for others.”

--Booker T. Washington