

C.R.O.S.S. ROADS™ Decision-making Process

-  **C**- Choice - What is the choice being made?
-  **R**- Reality - What is happening now? What would I like to happen?
-  **O** - Options: What are some choice options I might try?
What options have I tried so far?
What are the benefits/pitfalls of these options?
-  **S** - Select Option/s and Plan!
What specific personal effort is necessary to make my choice option/s happen?
 - a. Who and/or what are needed to make it happen?
 - b. What is the time line?
-  **S** - Start Over - Evaluate results of choice and use process to revise as needed.

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Step One: Identify the question/s, goal, conflict or problem to be addressed.

Step Two: (Optional) Select phrases/ from any or all of the Creed/Expectation/ Life Principle documents that might be pertinent to the situation.

Step Three: Begin asking the questions in the C.R.O.S.S.ROADS™ decision-making process. This may be accomplished just verbally or more formally with the C.R.O.S.S.ROADS™ worksheet.

Step Four: End with either verbally sharing your decision with someone, an accountability partner, and/or writing it down so it may be referenced. This aids significantly in following through with the choice.



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