

## Practice 16 Sign Language

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Click links to see brief video clips of the hand signs for:

[Communicate](#)

[Skill](#)

[Effort](#)

[Encourage](#) - Flat hands gently push(motion) forward in short movements

[Creed](#)

[Walk](#) - Move palm-in flat hands alternately flipping them up while moving forward

[Talk](#) - Move index fingers from both hands alternately to and from lips

[Discipline](#) - Place fisted left arm across chest towards right shoulder. Move right hand with pointer finger extended in a quick movement down to the left.

[Responsibility](#) - tap bent fingers of both hands on right shoulder

[Word](#) - Put right hand 'G' up to top of left forefinger

[Work](#) - (as 'to work hard')

[Work](#) - ('something done or made')

[Exhibit](#) - (as 'a show')

[Mistake](#) - Put Palm-in right 'Y' and make taps on chin and repeat

[Sorry](#) - Place palm-in 'A' on chest and make circles.

[Respect](#) - Make palm-left 'R'-hand arcs in and down near forehead

**Friend** - Hook index fingers, first right over left, then left over right

**Please** - Rub right palm on chest in circle

**Thank You** - Put fingertips of right palm-in open hand at chin and drop to palm-up

**Cheer** - Brush the thumb side of 'C' up side of chest repeatedly

**Help** - Right palm lifts the bottom of a left 'S' and pushes it slightly up

**Applaud** - Clap several times quickly while hands move forward

**Encourage** - Flat hands gently push (someone) forward in short movements