



# Goal Setting with C.R.O.S.S.ROADS™

\_\_\_ Academic Effort Goal

\_\_\_ Character Goal

LP \_\_\_\_\_

Name \_\_\_\_\_ Date \_\_\_\_\_



1) C - Choice: My Goal is: (Be specific) \_\_\_\_\_



2) R - Reality: What is happening right now? \_\_\_\_\_



3) O - Options: What are the Options - Opportunities, Benefits, Obstacles?

Opportunities	Benefits/Obstacles
A.	
B.	
C.	
D.	



4) Select option/s. \_\_\_\_\_ Plan steps to achieve the goal: (Resource: Goal Planning Sheet)

Who	What effort on my part?	When



5) Start over - Evaluate progress towards goal and revise repeating the process.

Check one: \_\_\_ Daily \_\_\_ Weekly \_\_\_ Monthly \_\_\_ Every \_\_\_ days

\_\_\_ Other: i.e. after weekly quiz \_\_\_\_\_

Method for Evaluating:

Academic progress: \_\_\_ Completed Projects \_\_\_ Quiz/Test \_\_\_ Homework Grades

\_\_\_ Rubric \_\_\_ Other \_\_\_\_\_

Character Goal Progress: \_\_\_\_\_