



Goal Setting with C.R.O.S.S.ROADS™

Check one.
___ Academic Effort Goal
___ Character Goal
Life Principle _____

Name _____ Date _____



1) C – Choice - My goal is:



2) R – Reality: What is happening right now? _____



3) O - Options: What I can try to reach my goal:

A.

B.

C.



4) S - Select one or more: I want to try: A B C (Underline or circle)

Plan the steps I will take to reach my goal:

- _____
- _____
- _____

My teacher can help by: _____

My parent/other person can help by: _____

I will monitor my progress by: _____

_____ daily _____ weekly _____ every _____ Other: _____



5) S - Start over - I will check and revise my plan. ___ weekly ___ monthly