



\_\_\_\_\_ 's Goal Progress Analysis

My Goal: \_\_\_\_\_

\_\_\_\_\_

Write specifically what is happening now towards achieving your goal under Opportunity and the Benefits and Obstacles for each where appropriate.

Opportunity/Option	Benefit/Obstacle

Has the goal been accomplished Yes No In Progress

Explain why or why not?

\_\_\_\_\_

\_\_\_\_\_

Does the goal need to be revised? Yes No If yes, revise with Goal Planning Worksheet

If a new goal is needed, begin the process with the C.R.O.S.S.ROADS Goal Setting Worksheet.