

STATE CHANGES

"Movin' & Groovin'"

- * Change of speaker's location in the room
- * Break into groups - Pair Share
- * Go outside or to another room
- * Use exaggerated facial expressions
- * Do mime
- * Sing, hum, whistle, or other sound
- * Change lighting
- * Read out loud with enthusiasm
- * Move chairs
- * Wear special hats/clothes
- * Use or create mind-maps
- * "Raise your hand if....."
- * Put motions to words/concepts
- * Choral reading
- * "Repeat after me"

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STATE CHANGES continued:

- * Tell a joke or laugh
- * Hold up an object
- * Use cooperative group structures
- * Stand on a chair/stool/table
- * Use expansive gesture
- * Use celebrations
- * Food
- * Use procedural callback such as "Give me five!"
- * Music - Play in background; Play a musical instrument
- * Visualization exercise
- * Point to something
- * Lead in physical movement activity
- * Use visuals - video/posters, etc.
- * Have students turn in chairs to face another direction.

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