

C.R.O.S.S.ROADS™ Decision-Making Process

General decision-making * Goal-setting * Problem-solving * Conflict Resolution

Name Kate Lee Date 11/15

Check one: ___ General Decision-making X Goal Setting X Problem-solving ___ Conflict Resolution
 Life Principle/s - Identify LP that apply: Perseverance and Effort



1) C - CHOICE - What is the choice I'm making? I want to complete my science assignments and turn them in on time.



2) R - REALITY - What is happening now? I begin and if it gets hard, I put it off and just don't go back to it. I'm turning in assignments late and often incomplete.



3) O - OPTION/S - What are some choice options?

Option - "If ..."	Results - "Then ..."
A) Find someone to help me right away when I get to something I don't understand.	Get the help I need to continue the work. Have to make the effort to find and get together with someone.
B) Keep an assignment log with date started and finished. Find someone to be my accountability partner that I show my log to regularly.	There is someone who I am accountable to for finishing what I start. Finding someone who will do it and a time for progress checks.
C) Just try to do better on my own	Don't have to find anyone to help me. Hasn't worked so far so don't have a good track record on my own.
D) Talk to my teacher about getting some help.	She'll know I'm trying and help me.



4) S - SELECT Option/s A, B, D and Create a plan. (See [C.R.O.S.S.ROADS™ Planning Sheet](#))

What specific personal effort is necessary to make my choice option/s happen?
 Who and/or what are needed to make this happen?
 When - What is the time line?

- i.e. Goal-setting - write out specific steps to help achieve goal; see [Goal Planning Sheet](#)
- i.e. Problem-solving - seek assistance, develop a procedure, etc.
- i.e. Conflict Resolution - walk away, apologize, etc.

Start keeping an assignment log and set it up with my Grandpa to check it every few days.

Talk to my teacher and see if she knows of someone who can get together to help me.



5) S - START OVER – Evaluate results of choice and use process to revise as needed.
 Choice will be evaluated 12/1

(Date)

My Accountability Partner is: Grandpa - Steve Lee