



# Goal Setting with C.R.O.S.S.ROADS™

Check one.  
 Academic Effort Goal  
 Character Goal  
 Life Principle  Self-Discipline

Name Ms. Wall's Class Date March 20, 2017

1) **C – Choice - My goal is:** to line up quietly and follow hall procedures.

2) **R – Reality: What is happening right now?** We are talking when lining up and in the hall and lose activity period, lunch, and recess time.

3) **O - Options: What I can try to reach my goal:**

A. We will not talk lining up and will follow hall procedures.

B. We will keep talking and have to wait longer making us late.

C. \_\_\_\_\_

4) **S - Select one or more: I want to try:** **(A)** B C (underline or circle)

**Plan the Steps I will take to reach my goal:**

• We will review our line up and hall procedure

• We will not talk while walking to get in line.

• We will stay quiet in line and follow our hall procedure.

**My teacher/other person can help by** reviewing our class goal and procedure for lining up and have us say our quote about self-discipline before leaving.

**My parent/other person can help by** Classmates can help by working together to follow procedures.

**I will monitor my progress** when the leader calls for our daily Goal Progress check.

daily  weekly  every \_\_\_\_\_ **Other:** \_\_\_\_\_

5) **S - Start over - I will check and revise my plan.**  weekly  monthly

**My Accountability Partner is** each other.