

C.R.O.S.S.ROADS™ Decision-Making Process
General decision-making * Goal-setting * Problem-solving * Conflict Resolution

Step One:

Identify the decision, goal, problem, or conflict to be addressed.

Step Two: Optional

Select phrase/s from any or all of the Creed/Expectation/Life Principle, or other documents that might be pertinent to the situation.

Step Three:

Begin asking the questions in the C.R.O.S.S. ROADS™ decision-making process. This may be accomplished just verbally or more formally with the C.R.O.S.S. ROADS™ worksheet.



C - CHOICE - What is the choice being made?



R - REALITY - What is happening now? What would I like to happen?



O - OPTIONS - What are some choice options I might try?

What options have I tried so far?

What are the benefits/pitfalls of these options?

(For conflict resolution the choices listed in the [Choices Rap](#) may be used for ideas.)



S - SELECT OPTION/S! - PLAN!

What specific personal effort is necessary to make my choice option/s happen?

Who and/or what are needed to make this happen?

What is the time line?



S - START OVER - Evaluate results of choice and use process to revise as needed.

Step Four:

End with either verbally sharing your decision with someone, an accountability partner, and/or writing it down so it may be referenced. This aids significantly in following through with the choice.

Decision-making Resource Tools:

1. C.R.O.S.S.ROADS™ [4x4 C.R.O.S.S.ROADS Process Task Cards](#)
2. C.R.O.S.S.ROADS™ [Simplified Decision-making Process Worksheet](#) with Examples
3. C.R.O.S.S.ROADS™ [Planning Worksheet](#) with Examples
4. C.R.O.S.S.ROADS™ [Choice Progress Worksheet](#) with Examples
5. C.R.O.S.S.ROADS™ [Complete set of Goal Setting Forms and Examples](#)
6. [C.R.O.S.S.ROADS Sign Language and Emoji Chart](#)
7. [Eight Expectations](#) and [Life Principles](#)
8. [4x4 Choice Rap](#) (for conflict resolution)
9. [4x4 Choice Creed](#) card