

Choices Rap

(Put lines below to a rap beat and do motions to teach choices when a conflict occurs.)

Win-Win!



1. **Wait and cool off.** (fan your face)
2. **Go to another group.** (fingers walking away)
3. **Share and take turns.** (touch chest one hand then the other.)
4. **Talk it out.** (Hand motion for talking.)
5. **Walk away.** (Walk in place)
6. **Ignore it.** (folded arms, head turned.)
7. **Tell them to stop.** (Arm extended, hand out)
8. **Apologize.** (Move Fist in circle over heart)
9. **Compromise.** (shake hands)
10. **If you are threatened or feel frightened, tell an adult immediately.** (Index finger up and down, clap and stomp one foot 3 times.)

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