



Eight Teacher Affirmations

Positive self-talk helps build esteem and reduces stress.

I am proud to be a teacher.

I believe that teaching is one of the most honorable
and noble professions in the world.

I love what I do and understand that my enthusiasm is contagious.

I bring knowledge and understanding to my classroom
and enjoy sharing my expertise.

I care about my students and show it through dedication,
kindness, and a friendly word.

I know what I give my students will come back to me in many
beautiful and unexpected ways.

I realize that my students will be better people because of me
and I will be a better person because of them.

Finally, I know that I make a positive difference in my students' lives
and that makes all my hard work worthwhile.