

# Goal Setting with C.R.O.S.S.ROADS™

Check one.

Name \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_ Academic Effort Goal

\_\_\_ Character Goal

1. **C – Choice:** My goal is: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. **R – Reality:** What is happening right now? \_\_\_\_\_

\_\_\_\_\_

3. **O - Options:** What I can try to reach my goal:

A)

\_\_\_\_\_

B)

\_\_\_\_\_

C)

\_\_\_\_\_

4. **S - Select one or more:** I want to try: A B C (underline or circle)

Plan the Steps I will take to reach my goal:

•

\_\_\_\_\_

•

\_\_\_\_\_

•

\_\_\_\_\_

My teacher can help by: \_\_\_\_\_

\_\_\_\_\_

My parents can help by: \_\_\_\_\_

\_\_\_\_\_

I will monitor my progress by: \_\_\_\_\_

\_\_\_\_\_

\_\_\_ daily \_\_\_ weekly \_\_\_ every \_\_\_\_\_ Other: \_\_\_\_\_

5. **S - Start over** – I will check and revise my plan \_\_\_ weekly \_\_\_ monthly