"Catching the Moon" Goal Setting with *C.R.O.S.S.ROADS™*

1) Marcenia's goal: (Be specific) _____

_____

2) What was happening right at the beginning? _____

_____

3) What were the Options - Opportunities and Obstacles for Marcenia?

Opportunities/Obstacles	Benefits/Pitfalls
A)	
B)	
C)	
D)	

4) Marcenia Selected option/s _____

What steps did she plan to achieve her goal: (Separate planning worksheet)

Who	What effort on my part?	When

5) Start over - Evaluate progress towards goal and revise repeating the process.

Check one: ___Daily ___Weekly ___Monthly ___Every ___days

___Other: _____

Method for Evaluating Progress: ___Completed Projects ___ Quiz/Test

___Homework Grades ___ Rubric ___Other:_____

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