Goal Setting with *C.R.O.S.S.ROADS™*

1) My goal: (Be specific) My goal is to learn my x6 math facts.

2) What is happening right now? I'm not practicing except during math.

3) What are the Options - Opportunities and Obstacles?

Opportunities/Obstacles	Benefits/Pitfalls
A) Make some flash cards and carry them with me.	I can practice any time. It will be hard to remember to keep them with me and they might get messed up in my pocket.
B) Practice with my friend while we're waiting in the gym before school and in the cafeteria while waiting to be excused to go to recess.	Have a partner to practice with. Lot of other kids around to distract us
C) Have my mom drill me going to and from school and at other times in the car.	I'd get the practice every day and mom loves to help me.
D) Make flash cards and keep them in my desk and practice when I've finished my work and waiting for others to finish.	Will give me practice and keep me busy while waiting.

4) Select option/s **C & D**

Plan the steps to achieve your goal:

Who	What effort on my part?	When
Me	Make flash cards	Today
Mom	Ask Mom to help	Today when we're leaving

5) Start over - Evaluate progress towards goal and revise repeating the process.

Check one: ___Daily X Weekly ___Monthly ___Every ___days

___Other: _____

Method for Evaluating Progress: ___Completed Projects X Quiz/Test

___Homework Grades ___Rubric ___Other:_____

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