Goal Setting with *C.R.O.S.S.ROADS™*

1) My goal: (Be specific) _____

_____

2) What is happening right now? _____

_____

3) What are the Options - Opportunities and Obstacles?

Opportunities/Obstacles	Benefits/Pitfalls
A)	
B)	
C)	
D)	

4) Select option/s _____

Plan the steps to achieve your goal: (Separate planning worksheet available)

Who	What effort on my part?	When

5) Start over - Evaluate progress towards goal and revise repeating the process.

Check one: ___Daily ___Weekly ___Monthly ___Every ___days

___Other: _____

Method for Evaluating Progress: ___Completed Projects ___ Quiz/Test

___Homework Grades ___ Rubric ___Other:_____

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