C.R.O.S.S.ROADS™ Decision-Making Process

C - Choice - What is the choice being made?
R - Reality - What is happening now? What would I like to happen?
O - Options - What are some options?
S - Select one and Step it out! - What are the steps to making the selected option happen?
S - Start over. - Begin process again as needed.

1) What is the choice Vashti has to make? _____

_____

2) Reality - What is happening now? What is Vashti doing now? _____

_____

_____

3) What are some of Vashti's choice Options?

Option - "If I (Vashti) …"	**Results - "Then …"**
A)	
B)	
C)	
D)	

4) Vashti Selected Option # _____.

Step it out! What are the steps I need to take to make my choice happen?
i.e. Goal-setting - write out specific steps to help achieve goal
i.e. Problem-solving - seek assistance, develop a procedure, etc.
i.e. Conflict Resolution - walk away, apologize, etc.

What steps did Vashti take to make her dream come true?_____

_____

_____

_____

5) If this does not work, I can Start Over and use the *C.R.O.S.S.ROADS™* process again.

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